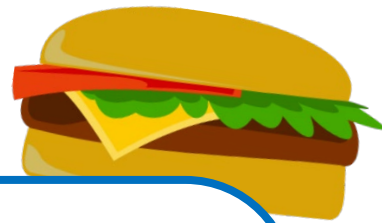
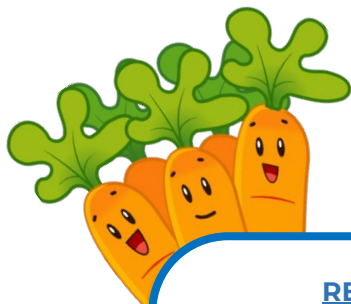


Canteen Menu



RECESS

Cheesy Triangles	\$0.50
Carrot Sticks	\$1.00
Popcorn (GF)	\$1.00
Grainwaves	\$1.50
Frozen Milk Cup	\$1.00
Custard Cup	\$1.00
Jelly Cup (Fri)	\$1.00
Frozen Juice Cup	\$0.50
Fruit/Milo Muffin	\$1.50
Cheese Toastie	\$3.50



HOT FOOD

Chicken Fingers (6 pack) (Tues & Thurs)	\$4.50
Corn Cob	\$1.60
Beef Lasagne	\$5.50
Mac & Cheese	\$5.50
Bakery Pie	\$4.20
Bakery Junior Pie	\$3.50
Bakery Sausage Roll	\$3.50
Butter Chicken & Rice	\$5.70
Spaghetti Bolognese	\$5.50
Hot Chicken Gravy Roll	\$6.50
Beef Cheeseburger	\$6.00
Chicken Burger	\$6.50
Pizza Wraps (Wed & Fri)	\$5.50

DRINKS

Water 600ml	\$2.00
Orange / Apple / Apple & Blackcurrant Juice 250ml	\$2.00
Norco Flavoured Milk 300ml	\$2.50
Up & Go	\$2.50
Glee Juice 250ml	\$2.50



SANDWICHES AND WRAPS

(Wholemeal Bread available on request)

Vegemite or Jam	\$3.00
Cheese	\$3.00
Ham & Cheese	\$3.50
Ham, Cheese, Lettuce & Tomato	\$4.50
Chicken Goujon Wrap (Tues & Thurs)	\$7.00
Ham, Cheese & Salad Wrap	\$7.00
Chicken & Salad Wrap	\$7.00
Chicken Caesar Wrap	\$7.50



COLD & FROZEN

Tropical Slush Drink	\$2.00
Tropical Slush Drink with Bursties	\$2.20
Chocolate / Vanilla & Strawberry / Vanilla Yoghurt	\$2.50
Dixie Cups (Fri)	\$3.00
Quelch Icy Pole	\$0.50
Mony Ice Block	\$1.50
Snap Stix	\$1.00



SUSHI TUESDAYS

See Flexischools for the menu options



SALADS

Small Garden Salad	\$4.00
Regular Garden Salad	\$6.00
Chicken Caesar Salad	\$8.00



MEAL COMBOS

Chicken Burger & Drink	\$8.50
Apple Slinky & Popcorn	\$2.00

EXTRAS

Tomato & BBQ Sauce	\$0.50
Lunch Bag (each)	\$0.10
Fork/Spoon	\$0.10



BIRTHDAY PACKS

Quelch Icy Pole Pack	\$15.00
Mixed Berry Muffins	\$38.00
Milo Muffins	\$38.00

Order via Flexischools ONLY
(see next page for details)

CONTACT

School Email: shellcove-p.school@det.nsw.edu.au
Canteen Manager: janet.yuksel@det.nsw.edu.au

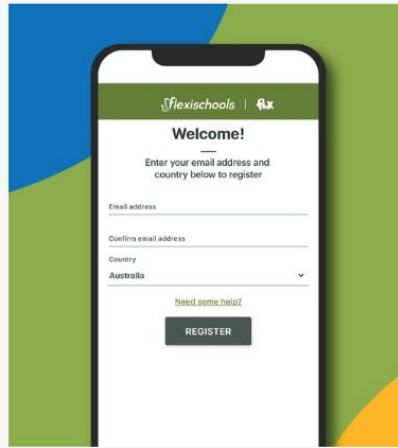


How to set up your Flexischools account



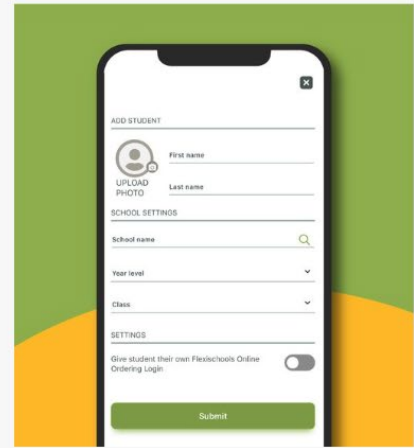
1. Download our app

The Flexischools app is the easiest way to place online lunch orders, buy school uniforms, and receive instant notifications from your school.



2. Register

- Open the Flexischools App and click 'Register'.
- Submit your email address to create an account.
- Go to your inbox and open the registration email from Flexischools. Click on the link and follow the registration process.



3. Log in to your Flexischools account and enter your child's details

- Once your account is set up, log into the Flexischools App
- Select the 'Profile' icon on the navigation bar. Under 'Students', click 'Add new'. Enter your child's name, school, year level, and class. Click 'submit'.