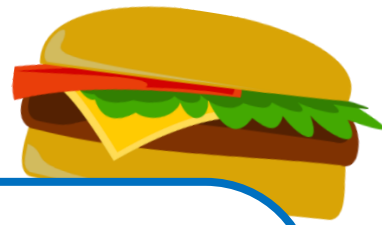


# Canteen Menu



## RECESS

Cheesy Triangles	\$0.50
Carrot Sticks	\$1.00
Seasoned Popcorn	\$1.00
Grainwaves	\$1.50
Frozen Milk Cup	\$1.00
Custard Cup	\$1.00
Jelly Cup (Fri)	\$1.00
Frozen Juice Cup	\$0.50
Fruit/Milo Muffin	\$1.50
Cheese Toastie	\$3.50
Apple Slinky	\$1.50

## DRINKS

Water 600ml	\$2.00
Orange / Apple / Apple & Blackcurrant Juice 250ml	\$2.00
Norco Flavoured Milk 300ml	\$2.50
Up & Go	\$2.50
Glee Juice 250ml	\$2.50

## COLD & FROZEN

Tropical Slush Drink	\$2.00
Tropical Slush Drink with Bursties	\$2.20
Chocolate / Vanilla & Strawberry / Vanilla Yoghurt	\$2.50
Everest Ice Cream Cup	\$2.50
Quelch Icy Pole	\$0.50
Mony Ice Block	\$1.50
Snap Stix	\$1.00

## TOASTIES

Baked Bean & Cheese	\$4.50
Chicken & Cheese	\$5.00
Cheese	\$3.50
Ham	\$3.50

## BIRTHDAY PACKS

Quelch Icy Pole Pack	\$15.00
Mixed Berry Muffins	\$38.00
Milo Muffins	\$38.00

## HOT FOOD

Chicken Fingers (6 pack) (Tues & Thurs)	\$4.50
Corn Cob	\$1.60
Beef Lasagne	\$5.50
Mac & Cheese	\$5.50
Bakery Pie	\$4.20
Bakery Junior Pie	\$3.50
Bakery Sausage Roll	\$3.50
Butter Chicken & Rice	\$5.70
Spaghetti Bolognese	\$5.50
Hot Chicken Gravy Roll	\$6.50
Beef Cheeseburger	\$6.00
Chicken Burger	\$6.50
Pizza Wraps (Wed & Fri)	\$5.50

## SANDWICHES, WRAPS & ROLLS

(Wholemeal Bread available on request)

Vegemite or Jam	\$3.00
Cheese	\$3.00
Ham & Cheese	\$3.50
Ham, Cheese, Lettuce & Tomato	\$4.50
Chicken Goujon Wrap (Tues & Thurs)	\$7.00
Ham, Cheese & Salad Wrap/Roll	\$7.00
Chicken & Salad Wrap/Roll	\$7.00
Chicken Caesar Wrap	\$7.50
Chicken Schnitzel Wrap/Roll	\$8.00

## SUSHI TUESDAYS

See Flexischools for the menu options

## SALADS

Small Garden Salad	\$4.00
Regular Garden Salad	\$6.00
Chicken Caesar Salad	\$8.00

## EXTRAS

Tomato & BBQ Sauce	\$0.50
Lunch Bag (each)	\$0.10
Fork/Spoon	\$0.10

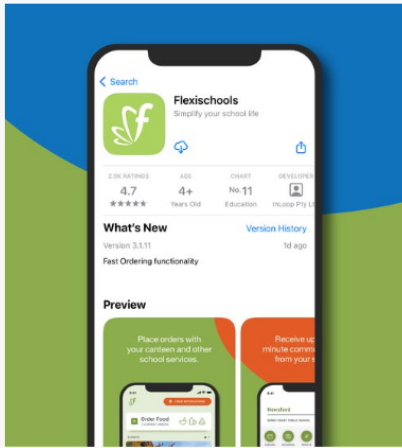
**Order via Flexischools ONLY**  
(see next page for details)

## CONTACT

School Email: [shellcove-p.school@det.nsw.edu.au](mailto:shellcove-p.school@det.nsw.edu.au)  
Canteen Manager: [janet.yuksel@det.nsw.edu.au](mailto:janet.yuksel@det.nsw.edu.au)

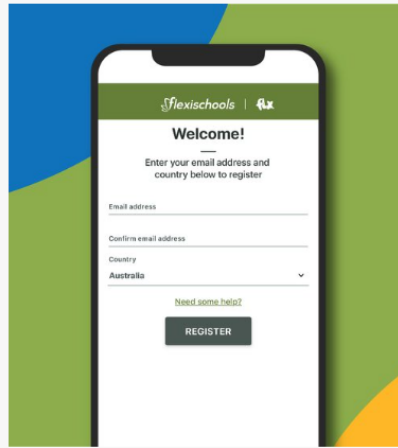


## How to set up your Flexischools account



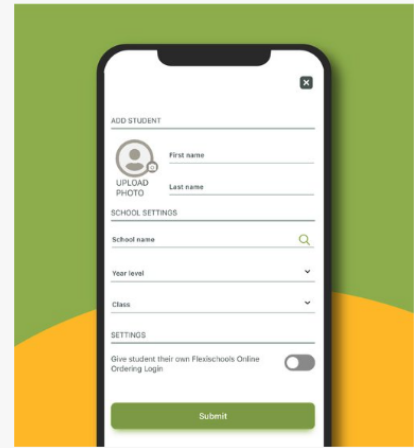
### 1. Download our app

The Flexischools app is the easiest way to place online lunch orders, buy school uniforms, and receive instant notifications from your school.



### 2. Register

- Open the Flexischools App and click 'Register'.
- Submit your email address to create an account.
- Go to your inbox and open the registration email from Flexischools. Click on the link and follow the registration process.



### 3. Log in to your Flexischools account and enter your child's details

- Once your account is set up, log into the Flexischools App
- Select the 'Profile' icon on the navigation bar. Under 'Students', click 'Add new'. Enter your child's name, school, year level, and class. Click 'submit'.