

Shell Cove Public School

Care for yourself, others and our school

Week 5 Term 4 2020

NEWSLETTER

Ph: 4297 2247

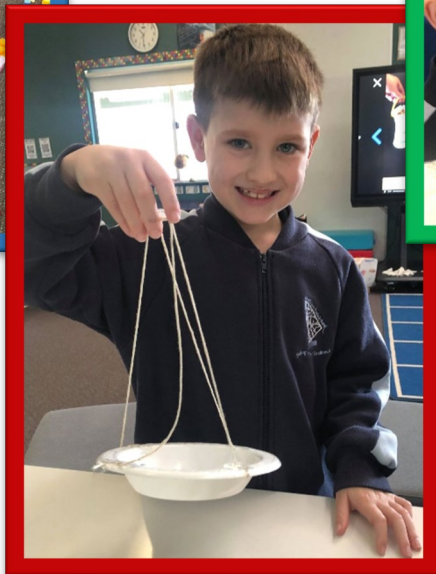
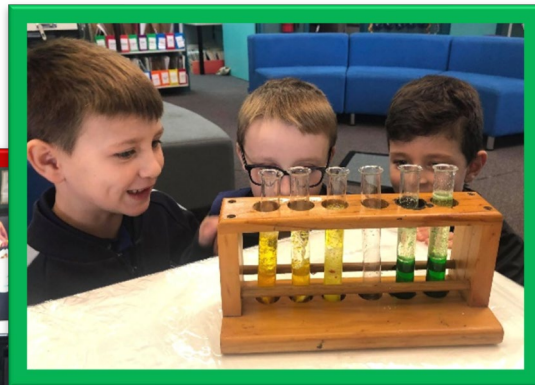
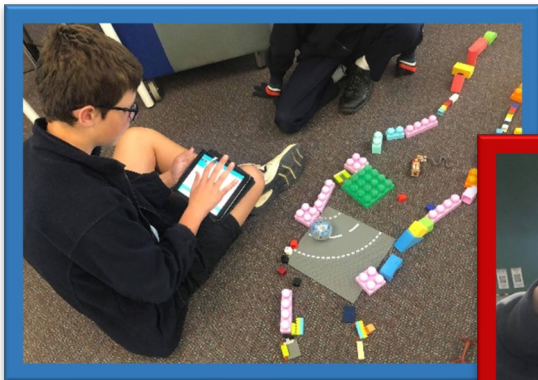


Class of the Week - Innovation Centre



Email: shellcove-p.school@det.nsw.edu.au
Website: <https://shellcove-p.schools.nsw.gov.au>





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Message from the Principal

NAIDOC Week

This week we celebrated Naidoc Week. The theme of 2020 is: "Always was. Always will be." The children have been doing some incredible work in their classrooms and I'm proud of their efforts. I hope you enjoy the photos on the next page.

Remembrance Day

This week we also commemorate Remembrance Day. It was a fantastic opportunity to get the whole school together for a short assembly to remember this significant day. Our school captains and vice captains did a wonderful job of hosting the assembly.



Chickenpox reminder

Unfortunately, this week we have had several cases of children with chickenpox. We urge all families to read up on the signs and symptoms and act according to health advice. We have attached an information sheet for all parents to read.

Year 6 formal

Under the advice of NSW Health, Warilla Bowling Club have regrettably cancelled our booking for the Year 6 formal. We are very disappointed for our students, however, we are now working diligently to reorganise the school formal which will now be held on the school grounds.

We want to make this a memorable event for our Year 6 students. We are appealing to the community for donations or hire of the following:

- Equipment hire – tables, chairs, table linens
- Decoration hire – festoon lighting or fairy lights, disco lights
- Lawn game hire – Giant Jenga, Giant Connect 4, lawn bowls, etc
- Can drink donations – Coke cans, lemonade cans, bottled water
- Ice donations on the day (Thursday, 26th November 2020) for drinks
- Mixed lolly bags
- Napkins
- Volunteers for setup on the day (Thursday, 26th November 2020)

If you would like to donate any of the above items, please call the school office to see what is needed on our list. This ensures all items are catered for and we don't have excess or waste. Unfortunately, this is time sensitive and if you are interested in helping please reach out as soon as possible and before Wednesday, 18 November 2020.

I would like to thank the families that have already come forward with incredibly generous donations.

Thank you for your continued support. We are looking forward to a fantastic event for our Year 6 students.

P&C Meeting

I encourage as many parents to join the P&C meeting on Tuesday, 17 November at 7:00 pm via zoom. The link will be shared via the parent portal next week. During the meeting we will be discussing the school plan for 2021 to 2024, the Father's Day Golf Tournament and some updates around Covid-19 restrictions. I look forward to seeing as many friendly faces as possible.

Protestant scripture

After 11 years of incredible service to Shell Cove Public School we farewell Rob Sharp who is the Protestant Scripture Coordinator. Rob is been an incredible asset to our school and has had a positive impact on the lives of many children. We wish him all the best in his future.

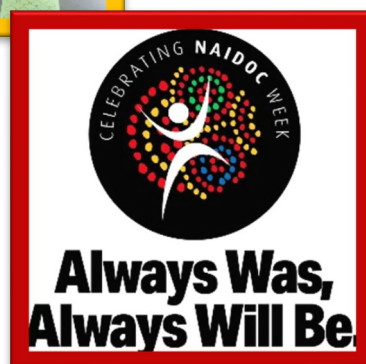
Simon Webb
Principal



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Students enjoying some NAIDOC week activities



Email: shellcove-p.school@det.nsw.edu.au
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Congratulations to the following students who have received their **Shallows** award:

STAGE 1: Harper Kent, Hudson Morris

STAGE 2: Arabella de Leeuw, Alice Hungerford, Lara Yuksel

Congratulations to the following students who have received their **Red Sands** award:

STAGE 2: Taio Mescia

Congratulations to the following students who have received their **Mystics** award:

EARLY STAGE 1: Madelyn Boyle, Levi Jolliffe, Rhys Schramm

STAGE 1: Evie Park, Samuel Breasley, Ivy Celima, Harper Jauncey, Lucy Lee, Oskar Long, Georgia Nortje, Sayhan Rahman, Luca Reed-Spindler, Tayla Schettino, Zac Zammit, Tyson Malu

STAGE 2: Tane Nahona-Ponga, Brax Osmond, Blake Farquhar, Tyson Malu-Fuka, Cooper Moane



Congratulations to the following students who have received their **Farm** award:

EARLY STAGE 1: Levi Parrino, Karya Saysana, Abby Hansen, Evie Sernig, Jed Gilmour, Amber James, Mia Shotton

STAGE 1: Layla Gilmour, Scarlett Pagett, Ella Celima, Lily Harrison, Zac Buttell, Jesse Fowler, Isla King, Olivia Lin, Julius Milosevski, Chloe Yuksel, Maddie Hungerford, Reid Graham, Rosie Lauret, Lucy Margetts

STAGE 2: Giselle Bale, Sienna Tilley, Byron McMahon, Lucas White, Olivia Zammit, Ava Church, Lily Clark, Megan DaSilva, Daniel Martin, Jake Martin, Ayden Prakash, Flynn Burke, Logan Milnes, Lilah Johansen, Skye Nelson

STAGE 3: Demi Micallef, Layla Chiddington, Bailey Mate, Jasper Law, Nickolas Hernandez, Josiah Fowler, Jacob Wilton, Zali Duncan, Tilly Woolfe, Lara Turkmen, Elle Church, Lyra Nelson, Ashley Temelkovski, Madison Ocroft, Scarlett Jamieson, Max Goucher, Stefan Babic, Lachlan Farquhar, Alira Creighton



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STUDENT POETRY

COVID-19



I know this Corona is ruining your life
And the list is low of people who survive
I know that it has been so long
But the people who love us want us to stay strong
All we have to do is wash and clean
To say away from COVID-19
We know that people can die
And this is the reason, this is why
We need to stay safe until this is done
Or Conona is gonna get us one by one

Lily O'Neill – 5J




Remembrance Day

An ocean of scarlet grows,
Above the people who sacrificed their lives,
Not thinking about tomorrow,
Only wanting to survive,
1566 days,
As the sun rises the bugle plays,



Flanders Field is where the poppies rest,
Pinned upon a person's chest,
A minute of silence is what we give,
To the soldiers who had a right to live,
All is now silent in Flanders Field,
A blanket of red acts as a shield,



Bombs are dropped, rifles fired,
Soldiers fight, even though they're tired,
Hunger is like an empty burn,
The mortars make the soil churn,
On this day we pay our respects,
Wreaths are laid, Lest we forget.

By Vivian Ikeda



Chickenpox and Shingles

Chickenpox is a common viral infection that can reappear later in life as Shingles. Chickenpox vaccination is recommended for all infants at 18 months of age. Shingles vaccination is recommended for all adults at 70 years of age.

Last updated: 06 November 2019

What is Chickenpox?

Chickenpox is a viral illness caused by Herpes zoster virus (also known as Varicella-Zoster virus)

In children it usually causes a relatively mild illness but it may reappear later in life as Shingles.

Chickenpox in adults and immunosuppressed people can be severe. Infection in pregnancy can cause foetal malformations, skin scarring, and other problems in the baby.

Before routine childhood vaccination began in November 2005, chickenpox was a very common illness. The incidence of chickenpox appears to have decreased as more people receive the vaccine.

What are the symptoms?

Chickenpox (varicella) begins with a sudden onset of slight fever, runny nose, feeling generally unwell and a skin rash.

The rash usually begins as small lumps that turn into blisters and then scabs. The rash appears over three to four days. At any one time, the lesions of the rash vary in stages of development.

Symptoms usually occur two weeks after exposure to the virus.

Most people recover without complications, but sometimes the infection can lead to serious complications, such as pneumonia and inflammation of the brain. Rarely, the infection can be fatal.

Persons who are previously vaccinated can still get chickenpox. If chickenpox occurs in a vaccinated person it is usually mild and less contagious than in an unvaccinated person.

How is it spread?

Early in the illness, the virus is spread by coughing. Later in the illness, the virus is spread by direct contact with the fluid in the blisters.

The infection is highly contagious to people who have never had chickenpox or who have not been vaccinated.

People are infectious from one or two days before the rash appears (that is, during the runny nose phase) and up to five days after (when the blisters have formed crusts or scabs)

Chickenpox infection triggers an immune response and people rarely get chickenpox twice.

Who is at risk?

Anyone who has not had chickenpox or been vaccinated in the past can get chickenpox.

People with a past history of chickenpox are likely to be immune to the virus. Even adults with no history of chickenpox have a chance of being immune (because of past infection that was mild). Doctors sometimes perform a blood test to see if these people need a vaccination.

How is it prevented?

A varicella-containing vaccine (MMRV – measles, mumps, rubella, varicella) is now recommended and funded for all children at 18 months of age.



Varicella vaccination is also recommended for all non-immune adolescents (>14 years) and adults. This involves two doses, at least 1 month apart. It is especially recommended for people at high risk, for example, health care workers, people living with or working with small children, women planning a pregnancy, and household contact of persons who are immunosuppressed.

People with chickenpox should avoid others (and not attend childcare or school) until at least five days after onset of the rash and all the blisters have dried.

People with chickenpox should cover the nose and mouth when coughing or sneezing, dispose of soiled tissues, wash their hands well and not share eating utensils, food or drinking cups.

Pregnant women should avoid anyone with chickenpox or shingles and should see their doctor if they have been around someone with these illnesses.

Children with an immune deficiency (for example, leukaemia) or who are receiving chemotherapy should avoid anyone with chickenpox or shingles as the infection can be especially severe.

How is it diagnosed?

Most cases can be diagnosed based on the symptoms and by appearance of the rash. Sometimes the diagnosis is confirmed by testing samples taken from the rash or from blood samples.

What is Shingles?

Shingles (also called Zoster) is caused by the reactivation in the body of the same virus that causes chickenpox, usually in adulthood and many years after the initial chickenpox illness.

The illness is characterised by a painful chickenpox-like rash on a small area of skin, usually on one side of the body.

Pain and tingling associated with the rash may persist for weeks or months after the rash has cleared. This is called post-herpetic neuralgia.

The virus can be spread by direct contact with the skin rash of infected people. This causes chickenpox in people who are not immune.

Shingles develops more commonly in people who are immunosuppressed.

How is Shingles prevented?

A single dose of zoster vaccine is recommended and funded for adults at 70 years of age. Adults 71-79 years of age are eligible for free vaccine under a catch up program until 31 October 2021.

People aged 60-69 years are also recommended to have a single dose of zoster vaccine but this is not funded. The exact duration of vaccine efficacy is not known but protection does wane over time. The need for revaccination is not yet determined.

Adults aged 50-59 years are not routinely recommended to receive zoster vaccine, but they can receive it if they want to protect themselves against Shingles.

How are Shingles and Chickenpox treated?

Shingles can be treated with special antiviral drugs such as acyclovir. Your general practitioner can advise on ways to minimise the discomfort associated with the symptoms of infection.

Chickenpox infection usually resolves without treatment.

What is the public health response?

Chickenpox is not a notifiable condition in NSW but the incidence is monitored through the number of patients attending emergency departments and the number of patients who are hospitalised with chickenpox or shingles.

Varicella vaccine protects against chickenpox, even if given up to five days after exposure.

Short-term immunisation with varicella-zoster immunoglobulin (VZIG) - which is made from antibodies in donated blood - can prevent illness in people at high risk of complications. This needs to be given within 96 hours of exposure to the virus to be effective.

People at high risk of complications following exposure include: pregnant women who have not had chickenpox and who have not been immunised; newborn babies, and; some people with immunosuppression due to illness or treatments.

Further information

For further information please call your local public health unit on **1300 066 055** or visit the NSW Health website at www.health.nsw.gov.au



Kidz 4 Peace Neighbourhood Program



An afternoon full of fun and creativity, where children can explore their role in building a peaceful world. 'Kidz 4 Peace' will be an experience of discovery through activities which will empower your child to understand how they can become peacemakers.

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Enquiries: Wafa

Contact no.: 0422 198 277

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school



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Healthy School
Canteen Strategy

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Trivia Night

Theme: Beauty & the Sexy Beast
Dolled up and Dapper!

Warilla Bowls and Recreation Club
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Shell Cove Public School

Care for yourself, others and our school



Intention to apply for Year 7 placement in a selective high school in 2022

Dear Parent/Carer,

Selective high schools cater for academically gifted students with high potential who may otherwise be without sufficient classmates at their own academic standard. Selective high schools help these students to learn by grouping them with students of similar ability, and by using specialised teaching methods.

Applications for selective high school placement are considered mainly on the basis of the Selective High School Placement Test results and school assessment scores. The Selective High School Placement Test will be held on Thursday 11 March 2021.

If you would like to have your child considered for Year 7 selective high school entry in 2022, you need to apply on the internet using a valid email address (not the student's email address).

Detailed instructions on how to apply online will be available in late September 2020 at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>.

The application website opens at that link on 13 October 2020 and closes on 16 November 2020. You must apply before the closing date.

There are no paper application forms. If you do not have internet access, you could apply at a public library. If you have a disability that prevents you from using a computer, you can contact the Team for assistance after 13 October 2020.

You must submit only ONE application for each student.

The tear-off slip below is not an application and the school cannot apply on your behalf.

Yours sincerely

Simon Webb
Principal

Cut along the dotted line and return the completed slip below to this school by 16 November 2020.

THIS IS NOT AN APPLICATION FOR ENTRY TO A SELECTIVE HIGH SCHOOL.

This is a notice to your primary school only that you intend to apply.

TO APPLY YOU WILL NEED TO REGISTER AND THEN APPLY THROUGH THE HIGH PERFORMING STUDENTS WEBSITE:

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>

----- Cut here and return the note below to the school -----

Intention to apply for Year 7 placement in a selective high school in 2022

Student's name: _____ Class: _____

I intend to apply for selective high school entry in Year 7 in 2022 through the High Performing Students website between 13 October 2020 and 16 November 2020.

Signature of parent/carer: _____

THIS IS NOT AN APPLICATION FOR ENTRY TO A SELECTIVE HIGH SCHOOL.

This is a notice to your primary school only that you intend to apply.

TO APPLY YOU WILL NEED TO REGISTER AND THEN APPLY THROUGH THE HIGH PERFORMING STUDENTS WEBSITE:

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>

NSW Department of Education & Communities – Shell Cove Public School

Cnr Killalea Dr & Stradbroke Ave Shell Cove NSW 2529 Phone: 4297 2247

Email: shellcove-p.school@det.nsw.edu.au

Web: <http://www.shellcove-p.schools.nsw.edu.au/>



Email: shellcove-p.school@det.nsw.edu.au
Website: <https://shellcove-p.schools.nsw.gov.au>



ONLINE ENROLMENT

We are excited to announce that the new Online Enrolment System is now available on our website.

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online and at the time that best suits you. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to:

- . Enrolments into **local** schools only;
- . Children who are Australian citizens, New Zealand citizens or permanent residents; and
- . Children who live in NSW.

We offer our support and encourage you to complete your application to enrol online. If, however, you do not feel comfortable completing an application online, a paper copy will be available for collection from the front office or can be downloaded from the Departments 'going to a public school' site.

Technical phone support is available for parents completing an online enrolment through the online enrolment system, together with the current online support form. Parents can call 1300 679 338 between 7:30am and 6:00pm, Monday to Friday.

PLEASE NOTE: If you have already submitted your enrolment form to the school you do not need to do the online enrolment.

SACRAMENTAL PROGRAM

2021 Sacramental Program, All Saints Catholic Parish, Shellharbour City Centre

Parents of children who wish to present their child for the Sacrament of Reconciliation and First Holy Communion should attend ONE of the Masses on the First Sunday of Advent (weekend 28/29 November).

Preparation for the Sacrament of Penance (Reconciliation) will begin as the New School Year commences in 2021.

Please contact the Parish office on 4296 3939.



Email: shellcove-p.school@det.nsw.edu.au
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What works best: 2020 update

Overview for parents and carers of primary and secondary school students

NSW public schools are committed to ensuring that how we teach your child is based on what we know makes the biggest difference to their learning.

In March this year, the NSW Department of Education released an update of some of the most significant research into effective teaching. This report is called 'What works best: 2020 update' and outlines eight evidence-based practices that teachers can use in their classrooms to support improved student learning. It is likely that the 'What works best: 2020 update' will inform the teaching and learning in your child's school.

Below is a summary of the eight 'What works best' practices for effective teaching, including some conversation tips to help you support these practices at home. We suggest that you use just one set of questions at a time with your child.

You can find the 'What works best: 2020 update' publication, together with other evidence-based resources for schools, at education.nsw.gov.au/about-us/educational-data/what-works-best-2020-update

1. High expectations

Students learn best when teachers have high expectations. Having high expectations means that teachers work hard to gain students' interest, encourage them to learn new things, provide help when they need it, are clear and consistent about how they want students to behave and learn, and vary the way they teach to meet students' needs.

Check in with your child

- For primary school students: Did you try something new today? What was it? How did you go? How do you feel when you're learning something new?
- For secondary school students: When you are asked to do something in class, how do you know what standard of work the teacher expects?

2. Explicit teaching

Students learn best when teaching is explicit, especially when learning something new. Explicit teaching involves teachers clearly explaining to students why they are learning something, how it connects to what they already know, what they expect students to do, how to do it and what it looks like when they have succeeded.

Check in with your child

- For primary and secondary school students: Tell me about something you learnt today. Did you find it easy to learn, or did you need to ask a few questions? How could you tell when you 'got it'?

3. Effective feedback

Students learn best when teachers provide them with effective feedback. Feedback that is effective is constructive, detailed and specific. It focuses on how students performed on a particular task, and is clear about where mistakes were made and what needs to happen to improve in future.

Check in with your child

- For primary and secondary school students: When you're learning something new, how do you know if you're on the right track? How do you know what you can do to improve next time?

education.nsw.gov.au



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4. Use of data to inform practice

Students learn best when teachers use data to confirm where students are up to in their learning and to plan what to teach next. Data is any form of information that helps teachers to do this. Data can come from a range of places, including class quizzes, student answers to teacher questions, samples of students' work and formal exams.

5. Assessment

Students learn best when teachers use high quality assessment. Assessment refers to the range of activities that teachers use to evaluate where students are up to in their learning. It includes formal activities such as exams and surveys, as well as more informal activities such as asking students questions and evaluating samples of their work.

Check in with your child

- For primary school students: How do you show your teacher what you know and what you can do?
- For secondary school students: Your teacher needs to understand where you are up to in your learning, so that they know what to teach next. How do you show your teacher what you know and what you can do?

6. Classroom management

Students learn best when teachers manage their classrooms well. Classroom management includes the broad range of things that teachers do to encourage a safe, positive and stimulating learning environment for their students.

Check in with your child

- For primary school students: Are there rules or expectations you need to follow in your classroom? Can you tell me a few? What happens when you work hard to follow them? What happens if you don't follow them?
- For secondary school students: Does your school have school or classroom rules or expectations? Can you name a few? What happens when students follow them? What happens if students don't follow them?

7. Wellbeing

Students learn best when they have a high level of wellbeing. Student wellbeing is a broad term that includes good mental, physical and emotional health, feeling supported in learning, building healthy relationships and having a strong sense of meaning and purpose. Teachers can support students' wellbeing by:

- creating a safe environment
- helping students to feel that they belong
- valuing their opinions and perspectives
- encouraging them to be interested in learning
- helping them to manage their emotions
- helping them to develop positive relationships with teachers and other students.

Check in with your child

- For primary and secondary school students: How do you feel about school at the moment? Are there things that you find hard or challenging? Do you know what to do or who you can speak to if you're having a bad day or have a problem? Does someone look out for you at school?



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8. Collaboration

Students learn best when teachers collaborate. Collaboration involves teachers working together with other teachers and experts from outside the school to improve their teaching. Effective collaboration is likely to include teachers planning lessons and teaching programs together, observing each other's lessons and giving feedback, and discussing and thinking about issues related to their work.

For example ...

High expectations at Aldavilla Public School

Aldavilla Public School attributes much of its success in improving outcomes for students to a focus on high expectations. The students are constantly reminded that they can be whatever they want to be. One way that high expectations are encouraged at Aldavilla Public School is through setting goals. Students are expected to be working towards learning goals that are achievable, and staff are constantly encouraging students to push themselves to reach their next goal.

The school also encourages high expectations by taking a whole-school approach. For example, every class follows exactly the same behaviour management system. Student-teacher relationships are also a priority. All teachers make an effort to get to know students and show that they care about them. This can be achieved by doing things as simple as asking what students did on the weekend, or knowing who a student's brothers and sisters are.

For example ...

Use of data to inform practice at Concord High School

The mathematics faculty at Concord High School studies their HSC data each year and uses the results to plan their teaching programs in Years 7-11. The head teacher of mathematics explains: "We have a really good look at the questions students got wrong and we try to re-program based on things that the kids have got wrong. For example, our students were struggling with 'significant figures' in the HSC so we've now brought significant figures into Year 7. That means they have six years where they can see that they can round to significant figures, and now it hasn't been an issue."

Sometimes the re-programming involves changing the order of topics during the year so that students have more opportunities to apply their knowledge and understanding of these concepts throughout the year. The head teacher of mathematics continues: "Our students were doing really badly with probability. We had a look at our programs and probability was something we were doing at the end of every year, so we've moved it around a little bit so they are seeing it earlier in some years."



Father's Day golf event is back on!

It is fantastic to announce that our Father's Day golf tournament will be held on Monday, 30 November.

With restrictions being lifted the school and the P&C are able to run this event. I encourage all of you to book a ticket for this amazing day. With thanks to our sponsors there will be some incredible prizes for all players.

Tickets are only available at: **flexischools.com.au**



A huge thank you to our generous sponsors for their continued support!!

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*Data from Rate My Agent 28/07/2020
**Data from Real Estate Australia 28/07/2020

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Online bookings for an appointment at Emma's boutique home office.
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